

SECTION TWO
OUTDOOR TRACK & FIELD HANDBOOK

2015

DAVE PETERSEN
BOYS COORDINATOR

MARK THERRIEN
GIRLS COORDINATOR



OUTDOOR

TRACK & FIELD

COMMITTEE

SECTION II BOYS' OUTDOOR TRACK & FIELD COMMITTEE 2015

SECTION II BOYS CHAIRMAN

Dave Petersen
19 West Montgomery St.
Johnstown, NY, 12095
Home #: 762-7447
dpeterse@nycap.rr.com

COLONIAL COUNCIL LEAGUE

Gene Culnan
PO Box 452
Voorheesville, NY, 12186
Home #: 765-2536
eculnan@nycap.rr.com

FOOTHILLS COUNCIL LEAGUE

Paul Stoutenger
South Glens Falls High School
42 Merritt Road
South Glens Falls, NY, 12803
Home #: 798-1737 / Work #: 792-9987
stoutengerp@sgfallssd.org

PATROON CONFERENCE

Katherine Curtis
50 Woodbridge Ave.
Chatham, New York, 12037
Cell #: 542-3994
curtisk@chatham.k12.ny.us

SUBURBAN COUNCIL LEAGUE

Chris Conley
Saratoga High School
3 Blue Streak Blvd.
Saratoga Springs, NY, 12866
c_conley@saratogaschools.org S - 587-6690 x 3318
H - 339-0565

WASAREN LEAGUE

Shawn McClements
Stillwater High School
1068 N. Hudson Ave.
Stillwater, NY, 12170
Cell: 772-3699 School:
stillwatertrack@yahoo.com

WESTERN ATHLETIC CONFERENCE

Ellee Fichthorn
Canajoharie Central School
136 Scholastic Way
Canajoharie, NY, 13317
Home #: 673-2970 Work #: 673-6310 ext. 1045
ellee.fichthorn@canjo.org Fax #: 673-3887

SECTION II GIRLS' OUTDOOR TRACK & FIELD COMMITTEE 2015

SECTION II GIRLS CHAIRMAN

Mark Therrien
Fonda-Fultonville Central School
Fonda, NY, 12068
Home #: 762-0000 / Work #: 853-3182
mtherrien@ffcsd.org Ext. 4220

COLONIAL COUNCIL LEAGUE

Carlo Cherubino
Academy of Holy Names
1075 New Scotland Road
Albany, NY, 12208
Home #: 286-2781 / Work #: 489-2559 Ext. 215
ccherubino@ahns.org / ccherubi@nycap.rr.com

FOOTHILLS COUNCIL LEAGUE

Tom Hansen
South Glens Falls High School
42 Merritt Road
South Glens Falls, NY, 12803
Home #: 792-2788 / Work #: 792-9987
hansent@sgfallssd.org

PATROON CONFERENCE

Jack Conner
79 Glenwood Blvd.
Hudson, New York, 12534
Home#: 518-828-2712
johnconnor@homemail.com

SUBURBAN COUNCIL LEAGUE

Douglas Hadley
Columbia High School
962 Luther Road
East Greenbush, NY, 12061
Cell: 207-6137 Work: 207-2000 x4207 Fax: 207-2089
hadleydo@egcsd.org

WASAREN LEAGUE

Shawn McClements
Stillwater High School
1068 N. Hudson Ave.
Stillwater, NY, 12170
Cell: 772-3699 School:
stillwatertrack@yahoo.com

WESTERN ATHELETIC CONFERENCE

Ellee Fichthorn
Canajoharie Central School
136 Scholastic Way
Canajoharie, NY, 13317
Home #: 673-2970 Work #: 673-6310 ext. 1045
ellee.fichthorn@canjo.org Fax #: 673-3887

SECTION

2

DATABASE

SECTION 2 DATABASE FOR 2015

For the 2015 Outdoor Track season we will again be setting up a Section Wide Track Database. This database is set up primarily for use at Sectionals and the State Qualifier Meet. However, any school who uses the Hy-Tek computer program and would like to use this database for their meets should simply contact Mark Therrien at Fonda-Fultonville Central School and it can be sent to you.

Options for how to enter rosters for the database:

1. Coaches who already use the Hy-Tek program can simply export their rosters to me.
2. Once all league coaching directories are sent to Mark Therrien, he will send out the excel format to all section 2 coaches. That allows us to import names directly into the program. (This was a favorite of many coaches last year and easy to do.)
3. If you are unable to do either of the above methods, please send your roster to Mark at: mtherrien@fccsd.org before Monday March 23, 2015.

COACHES: Please have your entered rosters e-mailed to **Mark Therrien** on or before Monday March 23, 2015. At that time the final database will be completed and sent to the Section 2 website by Friday March 27, 2015, (hopefully). Then, competitor numbers will be available for meets that are using the database.

TEAM CODES FOR DATABASE

<u>SCHOOL</u>	<u>TEAM CODE</u>	<u>SCHOOL</u>	<u>TEAM CODE</u>
Albany Academy for Boys	AAFB	Hudson High School	HUDD
Albany Academy for Girls	AAFG	Ichabod Crane High School	ICHS
Albany High School	ALBY	Johnstown High School	JOHN
Amsterdam High School	AMST	LaSalle Institute	LASA
Averill Park High School	APHS	Lake George Central School	LGCS
Ballston Spa High School	BALS	Lansingburgh High School	LANS
Berlin Central School	BERL	Maple Hill Central School	MHCS
Berne-Knox-Westerlo Central	BKWC	Mayfield-Northville Central School	MAYN
Bethlehem High School	BETH	Mechanicville Central School	MECH
Bishop Maginn High School	BMHS	Middleburgh Central School	MIDD
Broadalbin-Perth Central School	BPCS	Mohonasen High School	MOHN
Burnt Hills-Ballston Lake High School	BHBL	New Lebanon Central School	NLCS
Cairo-Durham High School	CDHS	Niskayuna High School	NISK
Cambridge Central School	CAMB	Notre Dame-Bishop Gibbons School	NDBG
Canajoharie Central School	CANA	Queensbury High School	QBRY
Catskill High School	CATS	Ravena-Coeymans-Selkirk Central	RCSC
Chatham Central School	CHAT	Rensselaer-Doane Stuart	RNDS
Christian Brothers Academy	CHBA	Salem Central School	SALE
Cobleskill-Richmondville Central	CRCS	Saratoga High School	SARA
Cohoes High School	COHO	Saratoga Catholic High School	SCAT
Colonie High School	COLO	Schalmont High School	SCHA
Columbia High School	COLU	Schenectady Christian School	SCCH
Corinth Central School	CORI	Schenectady High School	SCTY
Coxsackie-Athens High School	COXA	Schoharie Central School	SCHO
		Schuylerville Central School	SCHU
Duanesburg Central School	DUAN	Scotia-Glenville High School	SCOT
Emma Willard High School	EWHS	Shaker High School	SHAK
Fonda-Fultonville Central School	FFCS	Shenendehowa High School	SHEN
Fort Edward Central School	FECS	South Glens Falls High School	SGLF
Fort Plain Central School	FPCS	Stillwater Central School	STIL
Galway Central School	GALC	Taconic Hills High School	TACH
Glens Falls High School	GFHS	Tamarac High School	TAMA
Gloversville High School	GLOV	Troy Catholic High School	CCHS
Granville Central School	GRAN		
Green Tech	GRTC	Troy High School	TROY
Greenville Central School	GREE	Voorheesville Central School	VOOR
Greenwich Central School	GREW	Waldorf School	WALD
Guilderland High School	GUIL	Waterford Central School	WTFD
Academy of Holy Names	AOHN	Watervliet High School	WATE
Hoosic Valley Central School	HOOS	Whitehall Central School	WHIT
Hudson Falls High School	HFHS	Albany Leadership for Girls	ALFG

SENDING ROSTERS IN TO THE DATABASE

To send your rosters simply e-mail your exported roster, (.zip file) or the Excel file provided to you and your league rep, as an attachment to:

Mark Therrien, Fonda-Fultonville Central School

mtherrien@ffcsd.org

SECTIONAL

INFORMATION

NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION, INC.

NOTIFICATION OF MOVING UP IN CLASS

This form must be properly completed and signed by **all** parties, and submitted to the respective Sport Coordinator with a copy to the Section 2 Secretary by the start of the season.

Name Of School _____

Name of Sport _____

Moving From Class _____ to Class _____

Year of Sport Season _____

SIGNATURES

Superintendent _____

Principal _____

Athletic Director _____

Coach _____

2015 OUTDOOR TRACK AND FIELD CLASSIFICATIONS
SECTIONAL DATES

NOTE: SCHOOLS IN BOLD PRINT COMPETE IN DIV. I AT THE STATE QUALIFIER – PER SECT 2 CLASSIFICATION COMM.

GROUP 1 Co-Ed Sectionals
Wednesday – May 27, 2015
@ Shenendehowa – 4:00 PM

GROUP 2 Co-Ed Sectionals
Wednesday – May 27, 2015
@ Johnstown – 4:00 PM

GROUP 3 Co-Ed Sectionals
Thursday – May 28, 2015
@ Johnstown – 4:00 PM

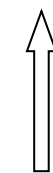
GROUP 1

Shenendehowa	2302
Schenectady	2002
Albany	1742
Saratoga	1584
Shaker	1426
Guilderland	1255
Colonie	1220
Bethlehem	1192
Niskayuna	1023
Columbia	997
Ballston Spa	981
Amsterdam	886
Troy	874
C.B.A.	504
LaSalle	454

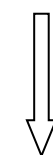
13 G / 15 B

GROUP 2

Queensbury	866
Burnt Hills	833
Averill Park	797
Mohonasen	736
South Glens Falls	730
Gloversville	675
Scotia-Glenville	618
Green Tech	576
Lansingburgh	575
Hudson Falls	486
Glens Falls	484
Ichabod Crane	455
Albany Leadership	628
Emma Willard	485
Holy Names	260



DIV. I



DIV. II

GROUP 3

Johnstown	452
Schalmont	438
Broadalbin-Perth	434
Cobleskill-Rich.	434
Schuylerville	431
Ravena-Coey-Selk	430
Cohoes	415
Hudson	376
Coxsackie-Athens	362
Catskill	346
Cairo-Durham	343
Taconic Hills	327
Albany Academies	325
Catholic Central	262
N.D. – B.G.	121
Bishop Maginn	100

16 G / 16 B

NOTE: If a school is planning to compete in Sectionals at a level higher than where they are classified, that school must send a copy of the “Moving Up In Class” form to Dave Petersen (boys), Mark Therrien (girls), and the Section 2 Secretary, **before the first practice** of Outdoor Track.

2015 OUTDOOR TRACK AND FIELD CLASSIFICATIONS

SECTIONAL DATES

GROUP 4 Co-Ed Sectionals
Friday – May 29, 2015
@ Stillwater – 4:00 PM

GROUP 5 Co-Ed Sectionals
Saturday – May 30, 2015
@ Fort Plain – 10:00 AM

GROUP 4

Watervliet	324
Mechanicville	315
Granville	304
Voorheesville	297
Chatham	295
Tamarac	295
Corinth	290
Canajoharie	283
Fonda-Fultonville	283
Stillwater	278
Hoosic Valley	276
Greenville	272
Greenwich	265
Mayfield-Northville	254
Rens.-Doane Stuart	235

15 G / 15 B

GROUP 5

Galway	228
Maple Hill	227
Lake George	223
Berne-Knox-West.	220
Cambridge	203
Duanesburg	203
Waterford	199
Schoharie	190
Middleburgh	189
Whitehall	185
Berlin	184
Fort Plain	170
New Lebanon	116
Salem	114
Saratoga Catholic	102
Mekeel Christian	75

16 G / 16 B

NOTE: If a school is planning to compete in Sectionals at a level higher than where they are classified, that school must send a copy of the “Moving Up In Class” form to Dave Petersen (boys), Mark Therrien (girls), and the Section 2 Secretary, **before the first practice** of Outdoor Track

GUIDELINES FOR ALL SECTIONAL MEETS:

- **COACHES: SECTIONAL MEETS ARE CHAMPIONSHIP MEETS! PLEASE DO NOT ENTER ATHLETES IN RACES, (ie. STEEPLECHASE), IF THEY ARE NOT GOING TO BE COMPETITIVE. THIS IS A SAFETY CONCERN AS WELL AS A WASTE OF EVERYONE'S TIME. THANK YOU!**
- **ENTRIES:** EACH SCHOOL WILL BE ALLOWED TWO ENTRIES PER EVENT AND ONE RELAY
- **WILD CARDS:** EACH TEAM IS ALLOWED TWO BOYS WILD CARD ENTRIES AND TWO GIRLS WILD CARD ENTRIES IN INDIVIDUAL EVENTS ONLY. NOT RELAYS!
- **SECTION II COACHES** - **MEET RESPONSIBILITIES AT SECTIONALS**

WHEN YOUR SCHOOL IS ASKED TO BRING HELP TO A SECTIONAL MEET, IT SHOULD BE **COMPETENT ADULTS**. CERTIFIED OFFICIALS WILL BE ASSIGNED TO RUN THE EVENTS BUT EACH SCHOOL WILL BE ASSIGNED AND EVENT/DUTY TO PROVIDE HELP FOR THOSE OFFICIALS. PLEASE **DO NOT** HIRE CERTIFIED OFFICIALS

SECTIONAL FIELD EVENT INFORMATION FOR ALL CLASSES

- SHOT PUT SEEDED FLIGHT PRELIMS – 3 ATTEMPTS
TOP 7 FLIGHTED FINAL - 3 ATTEMPTS
- **Girls, followed by Boys**
- DISCUS SEEDED FLIGHT PRELIMS – 3 ATTEMPTS
TOP 7 FLIGHTED FINAL - 3 ATTEMPTS
- **Boys, followed by Girls**
- LONG JUMP SEEDED FLIGHT PRELIMS – 3 ATTEMPTS
TOP 7 FLIGHTED FINAL - 3 ATTEMPTS
- **Boys, followed by Girls**
- TRIPLE JUMP SEEDED FLIGHT PRELIMS – 3 ATTEMPTS
TOP 7 FLIGHTED FINAL - 3 ATTEMPTS
- **Girls, followed by Boys**

***Starting hts. and progressions**

*Opening hts. and progressions **may** be altered by meet management depending on entries or weather conditions.

- HIGH JUMP OPENING HT. G – 4'4; 4'6; 4'8; 4'10; 5', + 1" (athletes **can** pass)
Followed by:
B – 5'; 5'3; 5'6; 5'8; 5'10; 6'; + 1" (athletes **can** pass)
- POLE VAULT OPENING HT. G – 7'; 7'6; 8'; 8'6; 9'; 9'6"; 10'; 10'6"; + 3" (athletes **can** pass)
Followed by:
B – 8'6; 9'; 9'6; 10'; 10'6; 11'; 11'6; 12'; 12'6; + 3"(athletes **can** pass)
- PENTATHLON G – HH; HJ; SP; LJ; 800
B – HH; LJ; SP; HJ; 1500

- Pentathlon Field Events **MUST** be measured in METRIC
- LJ & SP – If these events don't have their own separate venue, then they should be "fit in" to the other field events where there is minimal disruption to the open event.

ORDER OF EVENTS FOR SECTIONALS - 2015

Timed Finals

1.	2000 m Steeple	G
2.	3000 m Steeple	B
3.	100 m HH-Pent	G
4.	100 m HH	G
5.	110 m HH-Pent	B
6.	110 m HH	B
7.	3200 m Relay	G
8.	3200 m Relay	B
9.	100 m Dash	G
10.	100 m Dash	B
11.	1500 m Run	G
12.	1600 m Run	B
13.	400 m Relay	G
14.	400 m Relay	B
15.	400 m Dash	G
16.	400 m Dash	B
17.	400 m IH	G
18.	400 m IH	B
19.	800 m Run	G
20.	800 m Run	B
21.	200 m Dash	G
22.	200 m Dash	B
23.	3000 m Run	G
24.	3200 m Run	B
25.	1600 m Relay	G
26.	1600 m Relay	B
27.	Pent 800 m Run	G (fit in) **
28.	Pent 1500 m Run	B (fit in) **

****NOTE: IF PENTATHLON ATHLETES ARE READY, THESE EVENTS MAY BE RUN BEFORE THE 1600 M RELAYS.**

- SEE THE HANDBOOK FOR OTHER SECTIONAL INFORMATION ON FIELD EVENTS.

NOTE: Clerking and Qualifying procedures will be included in a Sectional Site Chairman's Handbook

**STATE
QUALIFIER
MEET
INFORMATION**

STATE QUALIFIER

IMPORTANT INFORMATION

1. All Entry Cards must be 4" x 6"
Girls – clip upper left-hand corner.
2. Be sure to include the competitors ID# on the card
3. **All Div. 2 (Sm. Schools) entries on blue cards**
All Div. 1 (Lg. Schools) entries on white cards

Proper colored cards are important so that the officials can keep the Divisions separate

4. Only 1/8" or 1/4" spikes allowed
5. Admission will be \$6.00 for adults and students.

TO: All Section II Boys and Girls Outdoor Track & Field Coaches
FROM: Dave Petersen and Mark Therrien
RE: State Qualifying Meet at University of Albany on **Thurs. June 4 & Fri. June 5, 2015**
TIMES: All entries must be in the hands of the clerks by: **3:00 p.m. each day.**
ENTRY CARDS: must be 4" x 6" Girls, clip upper left corner

Large Schools - Div. I, (Enrollment = 600 & more), use White Cards
Small Schools - Div. II, (Enrollment = 599 & less), use Blue Cards

There will be a coaches meeting at the clerking area at **3:30 p.m. each day.**

All running and field events will start promptly at **4:00 p.m. each day.**

NOTE: (Pre-Entry **MAY** be used. If so, further information will be provided in advance.)

HOW TO QUALIFY FOR THE NYS CHAMPIONSHIPS:

Athletes attempting to qualify for the NYS Championship will qualify in divisions based on their school's enrollment:
Large School Division (Div. I) = enrollment of 600 or higher based on BEDS numbers.
Small School Division (Div. II) = enrollment of 599 or lower based on BEDS numbers.

In each Division, THE WINNER OF THE EVENT will automatically qualify for the NYS Championship.
This guarantees the Section **one** large school entry and **one** small school entry at the State Meet.

NOTE: This meet is not a reward activity.

We are trying to qualify the top athletes in each event, in each division, for the State Championships

"AT LARGE" ENTRY (READ CAREFULLY)

One additional athlete or **one** additional relay team, per division, may advance to the State Meet, as the "At Large" entry in their division, **IF:**

- 1.** They are the 2nd place finisher in their division at the Qualifier **AND,**
- 2.** They have equaled or bettered the State Qualifying Standard, for their division, **AT ANY INVITATIONAL MEET FROM THE LAST WEEKEND IN APRIL ON. ONLY PERFORMANCES @ INVITATIONAL MEETS, (5 OR MORE TEAMS), WILL BE ACCEPTED. NO DUAL MEET PERFORMANCES!!!**

(If a tie exists for the "at-large" bid, the tie breaker will be the best time from the semis or second best throw or jump; third best; etc...; and then Sectional performance.)

SEEDING: Seed times for athletes/relays that have qualified for the State Meet may be performances that were done: **at any Invitational Meet from the last weekend in April on.**

STATE QUALIFYING MEET INFORMATION

RUNNING EVENTS:

Start promptly at 4:00 p.m.

The 100m, 200m, 400m, 100mHH, 110mHH, 400mIH, 400m Relay and 1600m Relay will be run as separate Divisions, (Div. 2 followed by Div. 1). Semis will be run only if needed, depending on the number of entrants.

The 800m, 1500m, 1600m, 3000m, 3200m, 2000m Steeple, 3000m Steeple and 3200m Relay will be run as timed finals. Therefore, these races will be seeded, slowest to fastest, by time and will be run with the Divisions mixed together according to seed time. (at least, the top 3 seeds from each division will be in the fast section if there is more than one section)

FIELD EVENTS:

Start promptly at 4:00 p.m.

SHOT PUT/DISCUS

- Will be seeded shortest to farthest in a flight(s)

- 3 throws / top 7 to final – 3 throws

	<u>Girls</u>	<u>Boys</u>
Shot Put – Div. 2 followed by Div. 1 (measure 1 st legal throw, then must meet minimum)	30'	43'
Discus – Div. 1 followed by Div. 2 (measure 1 st legal throw, then must meet minimum)	100'	120'

LONG JUMP/TRIPLE JUMP

- Will be seeded shortest to farthest in a flight(s)

- 3 jumps / top 7 to final – 3 jumps

HIGH JUMP/POLE VAULT

- Standard rules

- Mixed Divisions. Results sorted at completion.

• (Meet management may adjust these heights depending on weather conditions and competitor entries).

Poles checked at 3:15 p.m.

PENTATHLON:

Athletes in the Pentathlon will compete with the divisions mixed together until the 800/1500m. Those races will be run in separate divisions with Div. 2 first, followed by Div. 1.

IMPORTANT NOTES TO COACHES REGARDING PENTATHLON:

1. Please remember that the Pentathlon event is just the same as any other event. We are trying to qualify people for a championship meet. **(Not to provide a “reward/play day” for athletes.)**
2. Athletes entered in the Pentathlon will not be entered in any other individual event that day.
3. If an athlete wishes to withdraw from the Pentathlon at the end of day 1, and be eligible for individual events/relays on day 2, the athlete/coach must notify the Pentathlon official before leaving the meet on day 1.
4. Any athlete in the Pentathlon who does not notify the official of withdrawal at the end of day 1 is expected to complete the Pentathlon on day 2. That athlete will not be eligible for any individual events/relays on day 2.

SECTION 2 STATE QUALIFIER

2015

@ UNIVERSITY OF ALBANY

100, 200, 400, 100HH, 110HH, 400IH, 400 R, 1600 R - will run: Div. 2 followed by Div. 1
800, 1500, 1600, 3000, 3200, 2000 Steeple, 3000 Steeple, 3200 R - will run as mixed groups
Pentathlon – will run as mixed groups

THURSDAY, JUNE 4th, 2015

Pentathlon & Running Events

4:00 pm

1. Pentathlon Hurdles	G (mixed)	11. 400m Hurdles	F	G (D-2)
2. Pentathlon Hurdles	B (mixed)	12. 400m Hurdles	F	G (D-1)
3. 400m Dash F	G (D-2)	13. 400m Hurdles	F	B (D-2)
4. 400m Dash F	G (D-1)	14. 400m Hurdles	F	B (D-1)
5. 400m Dash F	B (D-2)	15. 3000m Run	F	G (mixed)
6. 400m Dash F	B (D-1)	16. 3200m Run	F	B (mixed)
7. 800m Run F	G (mixed)			
8. 800m Run F	B (mixed)			

Field Events – 4:00 pm

Pentathlon High Jump - Girls & Pentathlon High Jump – Boys

High Jump	F	B (mixed)	<u>after</u>	Pentathlon High Jump - Girls		
Long Jump	F	B (D-2)	<u>followed by</u>	Long Jump	F	B (D-1)
Triple Jump	F	B (D-1)	<u>followed by</u>	Triple Jump	F	B (D-2)
Shot Put	F	B (D-2)	<u>followed by</u>	Shot Put	F	B (D-1)
Discus	F	B (D-1)	<u>followed by</u>	Discus	F	B (D-2)
Pole Vault	F	B (mixed)				

Pentathlon Shot Put - Last event of Day 1 (To fit in to the Shot Put schedule when possible)

SECTION 2 STATE QUALIFIER

2015

@ UNIVERSITY OF ALBANY

100, 200, 400, 100HH, 110HH, 400IH, 400 R, 1600 R - will run: Div. 2 followed by Div. 1

800, 1500, 1600, 3000, 3200, 2000 Steeple, 3000 Steeple, 3200 R - will run as mixed groups

Pentathlon – will run as mixed groups

** Events may run earlier

FRIDAY, JUNE 5th, 2015

Pentathlon & Running Events

4:00 pm

1. 2000m Steeplechase	F	G (mixed)	23. 100m Dash	F	B (D-2)
2. 100m Dash	S	G (D-2)	24. 100m Dash	F	B (D-1)
3. 100m Dash	S	G (D-1)	25. 5-10 min. Break or Pent. Run(s) if needed		
4. 100m Dash	S	B (D-2)	26. 200m Dash	F	G (D-2)
5. 100m Dash	S	B (D-1)	27. 200m Dash	F	G (D-1)
6. 100m HH	S	G (D-2)	28. 200m Dash	F	B (D-2)
7. 100m HH	S	G (D-1)	29. 200m Dash	F	B (D-1)
8. 110m HH	S	B (D-2)	30. 3200m Relay	F	G (mixed)
9. 110m HH	S	B (D-1)	31. 3200m Relay	F	B (mixed)
10. 3000m Steeplechase	F	B (mixed)	32. 400m Relay	F	G (D-2)
11. 200m Dash	S	G (D-2)	33. 400m Relay	F	G (D-2)
12. 200m Dash	S	G (D-1)	34. 400m Relay	F	B (D-2)
13. 200m Dash	S	B (D-2)	35. 400m Relay	F	B (D-1)
14. 200m Dash	S	B (D-1)	36. 1600m Relay	F	G (D-2)
15. 1500m Run	F	G (mixed)	37. 1600m Relay	F	G (D-1)
16. 110m HH	F	B (D-2)	38. 1600m Relay	F	B (D-2)
17. 110m HH	F	B (D-1)	39. 1600m Relay	F	B (D-1)
18. 100m HH	F	G (D-2)	40. **Pent. 800m Run	F	G (mixed)
19. 100m HH	F	G (D-1)	41. **Pent. 1500m Run	F	B (mixed)
20. 1600m Run	F	B (mixed)			
21. 100m Dash	F	G (D-2)			
22. 100m Dash	F	G (D-1)			

Field Events – 4:00 pm

Pentathlon Long Jump - Girls	&	Pentathlon Long Jump – Boys			
High Jump	F	G (mixed)			
Long Jump	F	G (D-2)	<u>followed by</u>	Long Jump	F G (D-1)
(After Pentathlon Long Jump)					
Triple Jump	F	G (D-1)	<u>followed by</u>	Triple Jump	F G (D-2)
(After Pentathlon Long Jump)					
Shot Put	F	G (D-2)	<u>followed by</u>	Shot Put	F G (D-1)
Discus	F	G (D-1)	<u>followed by</u>	Discus	F G (D-2)
Pole Vault	F	G (mixed)			

N.Y.S.

MEET

INFORMATION

2015 BOYS OUTDOOR TRACK & FIELD
STATE MEET
QUALIFYING PROCEDURES

EACH SECTION MUST DESIGNATE THEIR STATE QUALIFIER MEET.

FIRST PLACE FINISHER IN EACH INDIVIDUAL EVENT AND FIRST PLACE RELAY TEAM FROM THE STATE QUALIFIER MEET WILL QUALIFY FOR THE STATE MEET IN EACH DIVISION. (1 AND 2).

“AT LARGE” QUALIFYING INFORMATION!!!! (READ CAREFULLY)

ONE ADDITIONAL INDIVIDUAL ATHLETE OR ONE ADDITIONAL SCHOOL RELAY TEAM FROM EACH DIVISION MAY ALSO ADVANCE TO THE STATE MEET, AS THE “AT LARGE” BID, **IF:**

1. THEY ARE THE 2ND PLACE FINISHER IN THEIR DIVISION AT THE QUALIFIER AND,
2. THEY HAVE EQUALED OR BETTERED THE STATE STANDARD FOR THEIR DIVISION **AT ANY INVITATIONAL MEET FROM THE LAST WEEKEND IN APRIL ON. ONLY INVITATIONAL MEET, (5 OR MORE TEAMS), PERFORMANCES WILL BE ACCEPTED. NO DUAL MEET PERFORMANCES!!!**

SEED TIMES: SEED TIMES FOR ATHLETES/RELAYS THAT HAVE QUALIFIED FOR THE STATE MEET MAY BE PERFORMANCES THAT WERE DONE:

AT ANY INVITATIONAL MEET FROM THE LAST WEEKEND IN APRIL ON.

COACH’S RESPONSIBILITY: IT IS THE RESPONSIBILITY OF THE INDIVIDUAL COACHES TO PROVIDE THEIR LEAGUE REP WITH OFFICIAL DOCUMENTATION TO VERIFY THE QUALIFYING PERFORMANCE. ALL DOCUMENTATION MUST BE IN THE HANDS OF LEAGUE REPS BEFORE SECTIONALS.

IF A STATE MEET QUALIFIER WITHDRAWS FROM THE STATE MEET, RE-RANK THE REMAINING ATHLETES AND FOLLOW THE ABOVE MENTIONED PROCEDURES.

STATE MEET QUALIFYING STANDARDS – BOYS “AT LARGE”

	<u>DIV. I</u> <u>HH/ FAT</u>	<u>DIV. II</u> <u>HH/ FAT</u>		<u>DIV. I</u>	<u>DIV. II</u>
100M	11.0/11.24	11.2/11.44	LONG JUMP	22’ 01”	21’ 00”
200M	22.2/22.44	22.8/23.04	TRIPLE JUMP	45’ 10”	44’ 01”
400M	49.2/49.44	50.4/50.64	SHOT PUT	51’ 06”	49’ 02”
800M	1:54.5/1:54.74	1:56.8/1:57.04	DISCUS	154’ 11”	143’ 11”
1600M	4:17.1/4:17.34	4:21.8/4:22.04	HIGH JUMP	6’ 03”	6’ 02”
3200M	9:18.5/9:18.74	9:30.4/9:30.64	POLE VAULT	13’ 09”	12’ 09”
3000M STEEPLE	9:38.7/9:38.94	9:50.9/9:51.14	PENT.	3098 pts.	3013 pts.
110HH	14.8/15.04	15.3/15.54			
400IH	55.4/55.64	56.9/57.14			
4 X 100M RELAY	42.9/43.14	44.0/44.24			
4 X 400M RELAY	3:21.7/3:21.94	3:27.9/3:28.14			
4 X 800M RELAY	7:51.7/7:51.94	8:05.9/8:06.14			

2015 GIRLS OUTDOOR TRACK & FIELD
STATE MEET
QUALIFYING PROCEDURES

EACH SECTION MUST DESIGNATE THEIR STATE QUALIFIER MEET.

FIRST PLACE FINISHER IN EACH INDIVIDUAL EVENT AND FIRST PLACE RELAY TEAM FROM THE STATE QUALIFIER MEET WILL QUALIFY FOR THE STATE MEET IN EACH DIVISION. (1 AND 2).

“AT LARGE” QUALIFYING INFORMATION!!!! (READ CAREFULLY)

ONE ADDITIONAL INDIVIDUAL ATHLETE OR ONE ADDITIONAL SCHOOL RELAY TEAM FROM EACH DIVISION MAY ALSO ADVANCE TO THE STATE MEET, AS THE “AT LARGE” BID, **IF**:

1. THEY ARE THE 2ND PLACE FINISHER IN THEIR DIVISION AT THE QUALIFIER AND.
2. THEY HAVE EQUALED OR BETTERED THE STATE STANDARD FOR THEIR DIVISION AT ANY INVITATIONAL MEET FROM THE LAST WEEKEND IN APRIL ON. ONLY INVITATIONAL MEET, (5 OR MORE TEAMS), PERFORMANCES WILL BE ACCEPTED. NO DUAL MEET PERFORMANCES!!!

SEED TIMES: SEED TIMES FOR ATHLETES/RELAYS THAT HAVE QUALIFIED FOR THE STATE MEET MAY BE PERFORMANCES THAT WERE DONE:

AT ANY INVITATIONAL MEET FROM THE LAST WEEKEND IN APRIL ON.

COACH’S RESPONSIBILITY: IT IS THE RESPONSIBILITY OF THE INDIVIDUAL COACHES TO PROVIDE THEIR LEAGUE REP WITH OFFICIAL DOCUMENTATION TO VERIFY THE QUALIFYING PERFORMANCE. ALL DOCUMENTATION MUST BE IN THE HANDS OF LEAGUE REPS BEFORE SECTIONALS.

IF A STATE MEET QUALIFIER WITHDRAWS FROM THE STATE MEET, RE-RANK THE REMAINING ATHLETES AND FOLLOW THE ABOVE MENTIONED PROCEDURES.

STATE MEET QUALIFYING STANDARDS – GIRLS “AT LARGE”

	<u>DIV. I</u> <u>HH/ FAT</u>	<u>DIV. II</u> <u>HH/ FAT</u>		<u>DIV. I</u>	<u>DIV. II</u>
100M	12.3/12.54	12.6/12.84	LONG JUMP	17’ 08”	17’ 00”
200M	25.2/25.44	26.1/26.354	TRIPLE JUMP	37’ 01”	36’ 06”
400M	57.7/57.94	57.9/58.14	SHOT PUT	38’ 06”	36’ 03”
800M	2:15.4/2:15.64	2:16.4/2:16.64	DISCUS	114’02”	109’ 02”
1500M	4:37.9/4:38.14	4:47.4/4:47.64	HIGH JUMP	5’ 03”	5’ 01”
3000M	10:04.2/10:04.44	10:25.6/10:25.84	POLE VAULT	10’ 09”	9’ 09”
2000M STEEPLE	7:04.9/7:05.14	7:23.1/7:23.34	PENT.	2856 pts.	2633 pts.
110HH	15.4/15.64	16.1/16.34			
400IH	63.1/63.34	66.3/66.54			
4 X 100M RELAY	49.1/49.34	50.5/50.74			
4 X 400M RELAY	3:55.9/3:56.14	4:02.9/4:03.14			
4 X 800M RELAY	9:16.8/9:17.04	9:35.2/9:35.44			

*****IMPORTANT*****

ATHLETES TRAVELING TO THE STATE MEET

SECTION 2 TRACK & FIELD

STATE CHAMPIONSHIP MEET

Athletes who qualify for the 2015 NYS Track & Field Championships at the University of Albany must declare their intent to participate in an event by the end of the Qualifier meet. At that point the athlete will be given a packet with the following information:

1. State Meet Order of Events;
2. Code of Conduct (must be filled out completely);
3. Directions telling the athlete where to check-in to get competitor # and any subsequent information.

**SECTION II
PARENT/LEGAL GUARDIAN
TRANSPORTATION PERMISSION FORM**

(This must be personally given to Coach in charge by the parent/legal guardian.)

_____ has my permission to ride home from the
game/contest with _____

_____ Parent/Legal Guardian Signature

_____ Date of Game/Contest

_____ Sport

_____ School

_____ Date Signed

**NEW YORK STATE PUBLIC HIGH SCHOOL
STATE TRACK & FIELD CHAMPIONSHIPS
SUNY ALBANY - ALBANY, NY**

*TIMES ARE APPROXIMATE - EVENTS MAY MOVE AHEAD UP TO 30 MINUTES

TRACK		<u>ORDER OF EVENTS</u>					FRIDAY JUNE 12, 2015				
						FIELD					
	Div I - Large					11:30	DISCUS		G	I	DF
	Div II - Small					12:30	POLE VAULT		B	CHAMP	FF
						12:30	TRIPLE JUMP		B	I	DF
KEY:	TRIALS	T					TRIPLE JUMP		B	II	DF
	DIV. FINAL	DF	<i>Div. Medal</i>			12:30	SHOT PUT		B	I	DF
	FED. FINAL	FF	<i>Fed. Medal</i>			1:00	DISCUS		G	II	DF
						2:00	SHOT PUT		B	II	DF
						2:00	TRIPLE JUMP		G	I	DF
12:30	Pent. 110 HH-1	B	CHAMP	FF	<i>(seed)</i>		TRIPLE JUMP		G	II	DF
	Pent. 100 HH-1	G	CHAMP	FF	<i>lower</i>				G	II	DF
<u>OPENING</u>	<u>CEREMONIES</u>										
1:30	110 HH	B	II	T		1:15	PENT.HIGH JP-1		G	CHAMP	FF
	110 HH	B	I	T			PENT.HIGH JP-1		B	CHAMP	FF
1:40	100HH	G	II	T							
	100HH	G	I	T							
1:50	100M	B	II	T							
	100M	B	I	T		3:00	POLE VAULT		G	CHAMP	FF
	100M	G	II	T							
	100M	G	I	T							
2:10	Pent. 110 HH-2	B	CHAMP	FF	<i>higher</i>						
	Pent. 100 HH-2	G	CHAMP	FF	<i>higher</i>	2:30	DISCUS		B	I	DF
2:30	400M	B	II	DF		4:00	DISCUS		B	II	DF
	400M	B	I	DF							
	400M	G	II	DF							
	400M	G	I	DF							
3:00	800M	B	CHAMP	FF		4:00	LONG JUMP		B	I	DF
	800M	G	CHAMP	FF			LONG JUMP		B	II	DF
3:30	200M	B	II	T							
	200M	B	I	T							
	200M	G	II	T							
	200M	G	I	T		3:15	PENT.SHOT-1		B	CHAMP	FF
3:50	400 INTER H	B	II	DF		3:45	PENT.SHOT-1		G	CHAMP	FF
	400 INTER H	B	I	DF							
	400 INTER H	G	II	DF							
	400 INTER H	G	I	DF							
4:20	4X100 RELAY	B	II	DF		3:00	PENT.HIGH JP-2		G	CHAMP	FF
	4X100 RELAY	B	I	DF		3:15	PENT.HIGH JP-2		B	CHAMP	FF
	4X100 RELAY	G	II	DF							
	4X100 RELAY	G	I	DF							
4:50	4X400 RELAY	B	II	DF		5:30	LONG JUMP		G	I	DF
	4X400 RELAY	B	I	DF			LONG JUMP		G	II	DF
	4X400 RELAY	G	II	DF							
	4X400 RELAY	G	I	DF							
5:40	3200 M	B	CHAMP	FF		5:00	PENT.SHOT-2		B	CHAMP	FF
	3000 M	G	CHAMP	FF		5:30	PENT.SHOT-2		G	CHAMP	FF

**NEW YORK STATE PUBLIC HIGH SCHOOL
STATE TRACK & FIELD CHAMPIONSHIPS
SUNY ALBANY - ALBANY, NY**

*TIMES ARE APPROXIMATE - EVENTS MAY MOVE AHEAD UP TO 30 MINUTES

ORDER OF EVENTS

TRACK				FIELD				SAT. JUNE 13, 2015			
10:00	3000M STEEPLE	B	CHAMP	FF	10:00	SHOT PUT	G	I	DF		
	2000M STEEPLE	G	CHAMP	FF	11:30	SHOT PUT	G	II	DF		
11:00	100M	B	II	DF							
	100M	B	I	DF							
	100M	G	II	DF							
	100M	G	I	DF	10:00	HIGH JUMP	B	CHAMP	FF		
11:25	1600M	B	CHAMP	FF							
	1500M	G	CHAMP	FF							
12:00	110H	B	II	DF							
	110H	B	I	DF							
	100H	G	II	DF							
	100H	G	I	DF							
12:25	200M	B	II	DF	10:00	PENT.LONG JP-1	B	CHAMP	FF		
	200M	B	I	DF		PENT.LONG JP-2	B	CHAMP	FF		
	200M	G	II	DF							
	200M	G	I	DF							
BREAK											
12:35-12:45											
12:45	PENT 1500-1	B	CHAMP	FF	11:00	PENT.LONG JP-1	G	CHAMP	FF		
	PENT 1500-1	B	CHAMP	FF		PENT.LONG JP-2	G	CHAMP	FF		
1:15	110H	B	CHAMP	FF							
	100H	G	CHAMP	FF							
1:25	100M	B	CHAMP	FF	11:30	HIGH JUMP	G	CHAMP	FF		
	100M	G	CHAMP	FF							
1:35	PENT 800-1	G	CHAMP	FF							
	PENT 800-1	G	CHAMP	FF							
1:50	400M	B	CHAMP	FF	1:15	LONG JUMP	B	CHAMP	FF		
	400M	G	CHAMP	FF		LONG JUMP	G	CHAMP	FF		
2:00	400 INTER H	B	CHAMP	FF		SHOT PUT	G	CHAMP	FF		
	400 INTER H	G	CHAMP	FF		DISCUS	B	CHAMP	FF		
2:10	200M	B	CHAMP	FF							
	200M	G	CHAMP	FF							
2:20	4 X 800 RELAY	B	CHAMP	FF							
	4 X 800 RELAY	G	CHAMP	FF							
3:20	4 X 100 RELAY	B	CHAMP	FF	2:30	TRIPLE JUMP	B	CHAMP	FF		
	4 X 100 RELAY	G	CHAMP	FF		TRIPLE JUMP	G	CHAMP	FF		
3:30	4 X 400 RELAY	B	CHAMP	FF		DISCUS	G	CHAMP	FF		
	4 X 400 RELAY	G	CHAMP	FF		SHOT PUT	B	CHAMP	FF		

SECTION 2

OUTDOOR

TRACK & FIELD

RECORDS

***** NOTE *****

SECTION II RECORD INFORMATION:

---AS OF THE SPRING 2000 SEASON ALL SECTION II RECORDS, BOYS AND GIRLS,
MUST BE BROKEN AT THE:

- A) SECTIONAL CHAMPIONSHIP MEET;
- B) STATE QUALIFIER MEET; **or**
- C) STATE CHAMPIONSHIP MEET.

SECTION II TRACK & FIELD RECORDS - METERS**BOYS**

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>MARK</u>	<u>YEAR</u>
100 Meters	Winston Lee	Hudson	10.56	2013
200 Meters	Joe Carr	Burnt Hills	21.53	2012
400 Meters	Izaiah Brown	Amsterdam	47.20	2013
800 Meters	John Maloy	Shaker	1:51.51	2006
1600 Meters	Miles Irish	Burnt Hills	4:10.2	1983
3200 Meters	Otis Ubriaco	Burnt Hills	9:04.75	2010
110 Meter Hurdles	T.J. Petersen	Fonda-Fultonville	13.8	1992
	Amadou Gueye	Albany Academy	13.8	2009
400 Meter Int. Hurdles	Riker Wikoff	Albany Academy	53.07	2008
3000 Meter Steeplechase	Greg Kelsey	Saratoga	9:11.15	2006
400 Meter Relay	Williams, Johnson Lenge, Frederickson	Colonie	42.14	2006
1600 Meter Relay	Graveley, Gallup Druziak, Brown	Amsterdam	3:17.87	2014
3200 Meter Relay	Libruk, Marthy Delago, Feinman	Shaker	7:41.47	2011
Pentathlon	Mike Novenche	Shenendehowa	3637 pts.	1992
Shot Put	Joe Zelezniak	Mont Pleasant	62' 3"	1970
Discus	Andy Bloom	Niskayuna	202' 9"	1991
High Jump	Dan Olson	Albany Academy	7' 3"	2001
Pole Vault	Joel Carusone	Guilderland	16' 5"	1999
Long Jump	Felipe Reyes	C.B.A.	24' 3 ³ / ₄ "	2003
Triple Jump	Jahez Salahuddin	Schenectady	49' 3 ¹ / ₂ "	1992

NOTE: Section II Records (both Boys and Girls) can be set only in: A) Sectionals; B) State Qualifier Meet; or C) State Championships

SECTION II TRACK & FIELD RECORDS - YARDS**(EVENTS THAT ARE NO LONGER CONTESTED AT:
SECTIONALS, STATE QUALIFIER OR STATES)****BOYS**

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>MARK</u>	<u>YEAR</u>
100 Yards	Herman Simon	Troy	9.7	1977
220 Yards	David Williams	Colonie	21.7	1972
440 Yards	Arthur Allen	Mont Pleasant	48.3	1979
880 Yards	Ken Bruce Dwight Fowler	C.B.A. Lansingburgh	1:54.0	1979
1 Mile Run	Noel Scidmore	Glens Falls	4:13.1	1977
1 Mile Walk	Tim Lewis	Shenendehowa	6:40.2	1979
2 Mile Run	Mike Moffit	Niskayuna	9:19.0	1978
120 Yard High Hurdles	Ned Ferguson	Gloversville	14.2	1979
330 Yard Int. Hurdles	Ken Cotich	Colonie	38.1	1979
880 Yard Relay	Dematteo/Zegger Ferry/Henderon Singleton/Elem Porter/Johnson	Linton Mont Plesant	1:29.6	1977 1970
1 Mile Relay	Bruce/Parkin Abele/Portee Reinhardt/Down Bohen/Casey	C.B.A. Colonie	3:22.7	1979 1977
2 Mile Relay	Heaphy/Johnson	Shaker	7:57.2	1979
1600 Meter Walk	Jim Mann	Bishop Gibbons	6:29.3	1982
800 Meter Relay	Portee/Parkin Oliver/Herubin	C.B.A.	1:28.9	1980

SECTION II TRACK & FIELD RECORDS METERS

GIRLS

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>MARK</u>	<u>YEAR</u>
100 Meters	Klarissa Ricks	Holy Names	11.93	2011
200 Meters	Kyle Plante	Colonie	24.45	2012
400 Meters	Kyle Plante	Colonie	53.38	2012
800 Meters	Ysanne Williams	Albany	2:09.21	1998
1500 Meters	Elizabeth Maloy	Holy Names	4:24.26	2003
3000 Meters	Cheri Goddard	Saratoga	9:31.9	1989
100 Meter Hurdles	Madalayne Smith	Saratoga	13.78	2010
400 Meter Int. Hurdles	Kyle Plante	Colonie	59.76	2010
2000 Meter Steeplechase	Lindsey Ferguson	Saratoga	6:36.05	2006
400 Meter Relay	Palmer/Gregory Poletto/Singleton-McKinnon	Colonie	48.01	2005
1600 Meter Relay	Plante/Kaminski Kelly/Bousa	Colonie	3:47.39	2012
3200 Meter Relay	Bellon, Burroughs Hollowood, MacDonald	Saratoga	8:50.70	2010
Pentathlon (New Tables)	Jennifer Petersen	Fonda-Fultonville	3397 pts.	1992
Shot Put	Deshaya Williams	Saratoga	46' 1"	1998
Discus	Deshaya Williams	Saratoga	166' 0"	1998
High Jump	Shelly Choppa	Glens Falls	6' 0"	1988
Pole Vault	Michelle Quimby	Shenedehowa	12'	2008
Long Jump	Nastasja Johnston	Columbia	19' 10 ½"	2014
Triple Jump	Jenn Aubin	Saratoga	39' 9"	1999

NOTE: Section II Records (both Boys and Girls) can be set only in: A) Sectionals; B) State Qualifier Meet; or C) State Championships

SECTION II TRACK & FIELD RECORDS - YARDS**(EVENTS THAT ARE NO LONGER CONTESTED AT:
SECTIONALS, STATE QUALIFIER OR STATES)****GIRLS**

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>MARK</u>	<u>YEAR</u>
100 Yards	Pat Bolden	Linton	11.2	1979
220 Yards	Bridget Reilly	Guilderland	25.5	1980
440 Yards	Sandy Miller	Niskayuna	55.8	1977
880 Yards	Sandy Miller	Niskayuna	2:15.3	1977
1 Mile Run	Leslie Warren	Bethlehem	4:56.8	1979
2 Mile Run	Sue Hay	Niskayuna	10:53	1979
1500 Meter Walk	Sue Terry	Queensbury	7:33.0	1981
1600 Meter Walk	Sue Terry	Queensbury	8:01.0	1979
1600 Meters	Leslie Warren	Bethlehem	5:06.0	1979
3200 Meters	Sue Hay	Niskayuna	11:08.0	1979
Pentathlon (Old Tables)	Heidi Mann	Queensbury	3710 pts.	1982
800 Meter Relay	Susko/Metzker Amyot/Pieper	Columbia	1:43.68	1995



Section II

NYSPHSAA Thunder & Lightning Policy (Effective 10/25/04)

1. Thunder and lightning necessitates that contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion – thunder is thunder, lightning is lightning.

*With your site administrator, set up a plan for shelter prior to the start of any contest.

2. When thunder is heard and/or when lightning is seen the following procedures should be adhered to:
 - a. Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).
 - b. Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.
 - c. After thunder and/or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.