

2016

SECTION 2

INDOOR

TRACK

AND

FIELD

COACHES

INFORMATION

PACKET

DOUG HADLEY
FRANK MYERS
BOB WALLEN

BOYS COORDINATOR
TCITL PRESIDENT
GIRLS COORDINATOR

Sectional Guidelines

EACH ATHLETE MUST HAVE COMPETED IN **4** INDOOR MEETS SINCE THE BEGINNING OF THE SEASON IN ORDER TO COMPETE IN THE SECTIONALS AND STATE QUALIFIER.

Boys and Girls may compete in any three (3) events. Three (3) entries per event per school, one (1) relay only. No "B" entries. No wild cards. Enter on 4 x 6 cards, cut upper left corner for girls.

Schools that are in Division III will need to enter on WHITE CARDS ONLY. Schools that are in Division IV will need to enter on COLORED CARDS, NOT WHITE. All other Divisions can use any 4X6 cards.

Times must be from a Bonafide Indoor Track & Field meet from the 2015 – 2016 season. They will be checked from the official TCITL leader board. Slow Sections will be run First.

Please enter all times as FAT times. If your athletes best performance is a hand timed performance, please add .24. We are asking that you PLEASE DO NOT USE CONVERSIONS for any event OTHER than the 45 meter Dash to the 55 meter Dash (Girls add 1.3, Boys add 1.1) and 50 meter Hurdles to the 55 meter Hurdles (Girls add .9, Boys Add .7).

Awards:

1st White Shield 2nd Maroon Shield 3rd Split Shield

Team awards – plaques for Champions and Runners-Up, Division I, II, III, and IV

Scoring will be 10-8-6-4-2-1 for all events.

Coaches wishing to obtain a waiver for athletes not having competed in 4 meets must have their AD apply in writing to Chris Culnan, Eligibility Committee Chairman, Shenendehowa High School East, Clifton Park, NY 12065.

Sectional Teams and Meet Responsibilities by Classification 2016

Please provide 2 or more people to assist (preferably adult volunteers) with your responsibility.

Division I

Schenectady	Shot Put
Shenenedehowa	Hand out Awards
Albany	Long and Triple Jump
Saratoga Springs	High Jump
Shaker	Shot Put
Colonie	High Jump
Guilderland	Pole Vault
Bethlehem	Long and Triple Jump
CBA	Post Results

Division II

Columbia	Post Results
Niskayuna	Hand out Awards
Ballston Spa	Long and Triple Jump
Troy	Shot Put
Amsterdam	Long and Triple Jump
Averill Park	Long and Triple Jump
Burnt Hills	Shot Put
Mohonasen	High Jump
South Glens Falls	Shot Put
Emma Willard	Pole Vault
Lasalle	High Jump
Holy Names	Pole Vault
Green Tech	Pole Vault

Division III

Scotia	Hand out Awards Division III
Hudson Falls	Post Results Division III
Ravena	
Ichabod Crane	High Jump
Cobleskill	
Schalmont	
Cohoes	Long and Triple Jump
Schuylerville	Pole Vault
Broadalbin-Perth	
Catholic Central	Pole Vault
The Albany Academies	
Gloversville	
Glens Falls	

Division IV

Granville	High Jump
Fonda	High Jump
Watervliet	Long and Triple Jump
Mechanicville	High Jump
Hoosic Valley	Shot Put
Stillwater	Shot Put
Greenwich	Shot Put
Waterford	
Whitehall	
ND/BG	Post Results Division IV
Rens/Doane Stuart	Hand out Awards Division IV
Maple Hill	
Tamarac	

2016 SECTIONAL INFORMATION

Field Events: In the Long Jump, Triple Jump, Shot Put, and Weight Throw each competitor will receive Three attempts in the Trials, and the top 7 will have Three more attempts in the Final.

Starting Heights: Girls High Jump – start at 4’ up by 2’’; Boys High Jump – start at 4’ 10’’ up by 2’’
Girls Pole Vault – start at 7’, up by 6’’
Boys Pole Vault – start at 8’, up by 6’’

Track events will be run with the Slow Sections First.

The 3,000/3,200 meter Runs will not be started until each school has a back up lap counter for each athlete.

Please ask your athletes to Warm up and Cool down upstairs, not on the track. Also, please ask all of your parents/spectators to sit upstairs, not on the gym floor. Please keep track of your athlete’s laps.

Division I Friday, February 19, 2016 8:00 am – 2:00 pm
UNIVERSITY AT ALBANY (doors open @ 7:30 am)

All cards are due at 7:30 am All Division I events will start at 8:00 am

Division II Friday, February 19, 2016 2:30 pm -8:00 pm
UNIVERSITY AT ALBANY (doors open @ 2:00 pm)

All cards are due at 2:00 pm All Division II events will start at 2:30 pm

Division III/IV Saturday, February 20, 2016 9:00 am -6:00 pm
UNIVERSITY AT ALBANY (doors open @ 8:00 am)

For Running Events (600m, 1,000m, and 1500m/1,600m) will have a separate seeded heat, all other heats will be combined Divisions. 55m Dash, 55m Hurdles, 300m Dash, 800 m Relay, 1,600 m Relay will run by Division. High Jump and Weight Throw will compete Combined; Long Jump and Triple Jump and Shot Put will compete by Division, Division III followed by Division IV.

Division III schools need to use WHITE CARDS ONLY. Division IV schools can use ANY COLOR CARD BUT WHITE.

All cards are due at 8:00 am All Division III/IV events will start at 9:00 am

Jury of Appeals for Sectionals and State Qualifier

Division I Hadley, Wallen, Kranick, Howley, O’Malley, Cloutier

Division II Hadley, Wallen, DeRocco, Button, Leonard, Wilary

Division III/IV Hadley, Wallen, Forbes, Levett, Krogh, Therrien

2016 SECTIONAL ORDER OF EVENTS

Friday, February 19, 2016 – Division I

Friday, February 19, 2016 – Division II

Saturday, February 20, 2016 – Division III/IV

Field Events

CARDS ARE DUE 30 MINUTES BEFORE START

Division I 8:00 am

Division II 2:30 pm

Division III/IV 9:00 am

Girls HJ, Boys HJ

Boys LJ, followed by Girls LJ, followed by Boys TJ, followed by Girls TJ

Girls SP, followed by Boys SP, followed by WT

Girls PV, Boys PV

Track Events

CARDS ARE DUE 30 MINUTES BEFORE START

Division I 8:00 am

Division II 2:30 pm

Division III/IV 9:00 am

Girls 1500 m Walk

Non-scoring *****This event will Start 15 minutes early*****

Girls 4 x 200 m Relay

Boys 4 x 200 m Relay

Girls 55 m HH

Trials, Semis #

Boys 55 m HH

Trials, Semis #

Girls 4 x 800m Relay

Boys 4 x 800m Relay

Boys 55 m HH

Finals 2H FINAL OF 4

Girls 55 m HH

Finals 2H FINAL OF 4

Girls 300 m Final, seeded by time

Boys 300 m Final, seeded by time

Girls 1500 m

Boys 1600 m

Girls 600 m

Boys 600 m

Girls 3000 m

Boys 3200 m

Girls 55 m

Trials **

Boys 55 m

Trials **

Girls 55 m

Semis

Boys 55 m

Semis

Girls 1000 m

Boys 1000 m

Girls 55 m

Finals

Boys 55 m

Finals

Girls 4 x 400 m Relay

Boys 4 x 400m Relay

**IF THE # OF ENTRIES IS 18 OR LESS THE TRIALS WILL BE SCRATCHED

#IF THE # OF ENTRIES IS 20 OR LESS THE TRIALS WILL BE SCRATCHED

PROCESS TO PRE ENTER STATE QUALIFIERS

Bob Wallen will email all Coaches the roster form to enter athletes and relays into the State Qualifier Meet along with the Event Codes to be used.

The Roster Form with each Teams entries must be emailed to bobwallentroy@gmail.com by Thursday, February 11, 2016 at 7:00 pm. Please follow all the directions on the roster form for both Individual and Relay events. If you have any questions, please contact Bob before February, 11.

Please make sure you format the cells correctly to accept an FAT time, you might have to have the cell formatted as text. Also, please make sure the Field Events are set for E (English) and not M (Metric).

Bob will send a response of some kind to you when he receives your entries. If you do not get a response, then Bob did not get your email. Please re send your entries.

Each athlete is allowed to be entered into 3 Events.

Final Scratches may be made at the Qualifier Meet.

Preliminary Scratches for the Boys Meet will be completed by 9:15 am.

Preliminary Scratches for the Girls Meet will be completed by 9:15 am.

Please plan your travel accordingly.

If you have any questions or concerns please contact Bob Wallen.

STATE QUALIFIER STANDARDS

ENTRY INTO THE STATE QUALIFIER MUST HAVE BEEN MET AT A BONAFIDE INDOOR TRACK AND FIELD MEET DURING THE 2015-2016 SEASON. IF AN ATHLETE HAS NOT MET THE LISTED STANDARD, THEY CAN NOT BE ENTERED IN THE MEET. PERFORMANCES WILL BE CHECKED WITH THE TCITL LEADERBOARD.

	GIRLS	BOYS
55	8.24	7.14
300	47.04	39.94
600	1:47.24	1:32.24
1000	3:20.04	2:50.24
1500	5:10.04	XXXX
1600	XXXX	4:45.04
3000	11:20.04	XXXX
3200	XXXX	10:30.24
1500 Walk	XXXX	XXXX
55H	10.94	9.04
800 Relay	2:02.24	1:42.24
1600 Relay	4:40.24	3:48.24
3200 Relay	10:40.24	9:00.24
LJ	15'3"	19'6"
TJ	31'	40'
HJ	4'8"	5'8"
PV	8'	11'
SP	30'	40'
WT	20'	35'

STATE QUALIFIER 2/15/16

U-Albany

DOORS OPEN AT 9:00 AM

Final Scratches need to be made by 9:30 am.

ORDER OF EVENTS

RUNNING EVENTS

Girls 4 X 400 relay	trials	10:00 am	Advance maximum of 6 teams
Boys 4 X 400 relay	trials		Advance maximum of 6 teams
Girls 4 x 200 relay	trials		Advance maximum of 6 teams
Boys 4 x 200 relay	trials		Advance maximum of 6 teams
Girls 3000	unseeded		
Boys 3200	unseeded		
Girls 55	trials		
Boys 55	trials		
Girls 3000	seeded		
Boys 3200	seeded		
Girls 55	semis		
Boys 55	semis		
Girls 1000	finals		
Boys 1000	finals		
Girls 55	finals		6 person Final
Boys 55	finals		
Girls 300	semis		
Boys 300	semis		
Girls 1500 Walk	finals		
Girls 55 HH	trials		
Boys 55 HH	trials		
Girls 600	finals		
Boys 600	finals		
Girls 1500	finals		
Boys 1600	finals		
Boys 55 HH	semis		
Girls 55 HH	semis		
Break for Intersectional Relay		10 minutes	
Girls 55 HH	finals		6 person Final
Boys 55 HH	finals		5 person Final
Girls 300	finals		
Boys 300	finals		

Girls 4 x 800	finals
Boys 4 x 800	finals
Girls 4 x 400	finals
Boys 4 x 400	finals
Girls 4 x 200	finals
Boys 4 x 200	finals

4 x 200, 4 x 400 trials will be run to determine lanes for finals unless only one team is entered.

FIELD EVENTS

Girls Long Jump	finals	10:00	
Girls Triple Jump	finals		(after Long Jump)
Boys Long Jump	finals	10:00	
Boys Triple Jump	finals		(after Long Jump)
Girls Shot Put	finals	10:00	
Girls Weight Throw	finals		(after Shot Put)
Boys Shot Put	finals	10:00	
Boys Weight Throw	finals		(after Shot Put)
Girls High Jump	finals	10:00	Start at 4'6", up by 2" until 5'2" then up by 1" until completion of event.
Boys High Jump	finals	(after Girls)	Start at 5'6", up by 2" until 6'2", then up by 1" until completion of event.
Girls Pole Vault	finals	10:00	Start at 8', up by 6" till, 10'6", then up by 3" until completion of event.
Boys Pole Vault	finals	(after Girls)	Start at 11', up by 6" until 12'6", then up by 3" until completion

JUMPS AND THROWS ARE 3 ATTEMPTS IN THE TRIALS, FINAL FOR TOP 7 FOR 3 ADDITIONAL ATTEMPTS

*******IMPORTANT*******

ATHLETES TRAVELING TO THE STATE MEET **SECTION 2 TRACK & FIELD** **STATE CHAMPIONSHIP MEET ACCOMODATIONS**

Section 2 will provide transportation and a room for the State Championships meet.

Athletes who qualify for the State Meet:

1. May ride the Section 2 bus to the meet. (paid for by Section 2)
2. Will have a room provided for them. (paid for by Section 2) if an overnight stay is required.
3. Will be responsible for all meals including dinner approximately (\$13.00) Friday night, and on Saturday.
4. Will not be released from the supervision of the section 2 chaperone staff unless they have filled out appropriate paperwork.
5. May ride the Section 2 bus back to the drop off point. (paid for by Section 2)

NOTE: we will NOT be making changes to individual travel plans throughout the week.

STATE MEET INFO

MEET IS MARCH 5, 2016 CORNELL UNIVERSITY

Athletes qualify for the state meet as follows:

1st and 2nd automatically qualify; 3rd if he or she hits standard (see sheet) in all individual events.

3rd (or 4th if 3rd hits standard) advances in 300, 600, 1000, 1500 girls/1600 boys to run in intersectional relay.

Winning relays only advance to state meet.

Each athlete qualifying for the State Meet must pick up an Itinerary and Code of Conduct.

Athletes must take the Section 2 Bus to the state meet.

ATHLETES WHO DO NOT WANT TO TRAVEL HOME ON THE SECTION 2 BUS NEED TO MAKE THEIR INTENTIONS KNOWN IN WRITING PRIOR TO BOARDING THE BUS TO STATE MEET.

THERE IS A FORM YOU CAN USE OR YOU HAVE THE ATHLETE'S PARENT WRITE A NOTE, WHICH NEEDS TO BE SIGNED AND HANDED IN WITH CODE OF CONDUCT. HAND IN THE FORM/NOTE WHEN YOUR ATHLETE BOARD'S THE BUS.

PLEASE SEE FRANK MYERS LIST CONCERNING WHICH OFFICIAL WAS ASSIGNED TO YOU. IT WAS LISTED IN THE LEAGUE SCHEDULE. PLEASE MAKE SURE YOU HAVE COMPETENT HELP FOR YOUR ASSIGNMENT.

IF YOU HAVE A FIELD EVENT PLEASE BRING A COMPETENT INDIVIDUAL TO HELP THE OFFICIAL (raking, measuring, putting back bar, etc.)

Boys and Girls must hit the standard in a sanctioned meet during the 2015 – 2016 season.

All qualifiers will be entered at States unless scratched at the State Qualifier meet.

WE NEED TO KNOW IF YOU DO NOT PLAN TO ATTEND STATES IF YOU QUALIFIED.

PLEASE NOTIFY COORDINATORS OF SCRATHCES PRIOR TO LEAVING THE STATE QUALIFIER MEET.

\$ 250.00 FINE OR SANCTIONS MAY BE ASSESSED TO YOUR SCHOOL IF YOU QUALIFY, BUT DO NOT COMPETE AT STATES.

TEAMS WHICH USE STUDS TO QUALIFY RELAYS FOR STATE MEET, THEN REST THAT PERSON FOR HIS OR HER INDIVIDUAL EVENT (S) AT STATES AND FAIL TO ADVANCE TO FINALS BECAUSE OF THIS, RUN THE RISK OF INCURING THE WRATH OF THE TEAM WHICH THEY KEPT HOME. IT IS NOT ILLEGAL, IT IS SIMPLY UNFAIR TO THE TEAM YOU BEAT AND TO THE SECTION 2 TEAM AS A WHOLE.

WE HOPE IF YOU REST YOUR BEST RELAY TEAM IN SEMIS YOU WILL SEND OUT A TEAM WITH A MORE THAN ADEQUATE CHANCE OF ADVANCING TO THE FINALS. THE SAME RULE APPLIES TO TRYING TO QUALIFY MORE THAN ONE RELAY TEAM WITH THE SAME OR SOME OF THE SAME ATHLETES. YOU SHOULD ONLY DO THIS IF IT IS YOUR INTENTION TO RUN GOOD TEAMS IN BOTH THE SEMIS AT THE STATE MEET.

SECTION 2 CHARGES A \$ 6.00 ADMISISSION FEE.

Admission at the State Meet will be \$9.00 per session, or a combined ticket for \$16.00; children under two will be charged \$2.00. At the conclusion of the first session they would like to empty the building before the second session.

**NYSPHSAA / NYS FEDERATION
WINTER TRACK & FIELD
QUALIFYING STANDARDS
(FOR The 3RD COMPETITOR)**

EVENT	GIRLS FAT TIME (Hand Time)	BOYS FAT TIME (Hand Time)
55m Hurdles	8.74 (8.5)	7.94 (7.7)
55m Dash	7.44 (7.2)	6.74 (6.5)
300 m Dash	41.94 (41.7)	36.74 (36.5)
600 m Run	1:38.74 (1:38.5)	1:24.74 (1:24.5)
1000 m run	3:02.24 (3:02.0)	2:35.24 (2:35.0)
1500 m Run	4:49.54 (4:49.3)	XXXXXXX
1600 m run	XXXXXXX	4:28.74 (4:28.5)
3000 m Run	10:21.14 (10:20.9)	XXXXXXX
3200 m Run	XXXXXXX	9:42.24 (9:42.0)
1500 m Race Walk	7:28.24 (7:28.0)	XXXXXXX
Long Jump	17' 2"	21' 6"
Triple Jump	36' 1"	43' 6"
Shot Put	37' 7"	52' 0"
High Jump	5' 3"	6' 4"
Pole Vault	10'	13' 0"
Weight Throw	40'	45'

Your third place entry in each individual event must have met the qualifying standards in his/her State Qualifying Meet or meets designated by the Sectional Coordinator, and must have placed Third in the State Qualifying Meet in order to qualify for the State Meet.

Coordinators are to use an athlete's best mark in the event to seed that athlete or relay in the State Meet.

STATE MEET
BARTON HALL, CORNELL UNIVERSITY
ITHACA, NEW YORK

ORDER OF EVENTS

RUNNING EVENTS

4 X 400 m Relay	Semi's
4 x 200 m Relay	Semi's
3000 / 3200 m Run	Unseeded
55 m Dash	Trials
3000 / 3200 m Run	Seeded
55 m Dash	Semi's
1000m Run	
55 m Dash	Final
300 m Dash	Semi's
1500 m Race Walk	(Girls Only)
55 m Hurdles	Trials
600 m Run	
1500/ 1600 m run	
55 m Hurdles	Semi's
Intersectional Medley Relay	
55 m Hurdles	Final
300 m Dash	Final
4 x 800 m Relay	
4 x 400 m Relay	Final
4 x 200 m Relay	Final

FIELD EVENTS

Long Jump	(2 pits simultaneously)
Triple Jump	(after Long Jump, 2 pits simultaneously)
High Jump	
Pole Vault	
Shot Put	
Weight Throw	

Sectional History Girls Indoor Track

DIVISION I GIRLS CHAMPIONS

2015 SARATOGA
2014 SHENENDEHOWA
2013 SHENENDEHOWA
2012 SARATOGA
2011 SHENENDEHOWA
2010 SHENENDEHOWA
2009 SHENENDEHOWA
2008 SHENENDEHOWA

RUNNERS-UP

SHENENDEHOWA
SARATOGA
SARATOGA
COLONIE
SARATOGA
SARATOGA
SARATOGA
SARATOGA

DIVISION II GIRLS CHAMPIONS

2015 BURNT HILLS
2014 BURNT HILLS
2013 HOLY NAMES
2012 HOLY NAMES
2011 NISKAYUNA
2010 HOLY NAMES
2009 HOLY NAMES
2008 HOLY NAMES

RUNNERS-UP

HOLY NAMES
NISKAYUNA
NISKAYUNA
BURNT HILLS
HOLY NAMES
NISKAYUNA
BURNT HILLS
BURNT HILLS

DIVISION III GIRLS CHAMPIONS

2015 SCOTIA-GLENVILLE
2014 SCOTIA-GLENVILLE
2013 SCOTIA-GLENVILLE
2012 EMMA WILLARD
2011 SCOTIA-GLENVILLE
2010 SCOTIA-GLENVILLE
2009 SCOTIA-GLENVILLE
2008 SCOTIA-GLENVILLE

RUNNERS-UP

GLOVERSVILLE
GLOVERSVILLE
SCHUYLerville
SCOTIA-GLENVILLE
COBLESKILL-RICHMONDVILLE
ICHABOD CRANE
LANSINGBURGH
BROADALBIN-PERTH

DIVISION IV GIRLS CHAMPIONS

2015 FONDA-FULTONVILLE
2014 STILLWATER
2013 GREENWICH
2012 FONDA-FULTONVILLE
2011 GREENWICH
2010 FONDA-FULTONVILLE
2009 SCHUYLerville
2008 FONDA-FULTONVILLE

RUNNERS-UP

GREENWICH
NOTRE DAME/BISHOP GIBBONS
FONDA-FULTONVILLE
GREENWICH
SCHUYLerville
SCHUYLerville
FONDA-FULTONVILLE
GREENWICH

CLASS A GIRLS CHAMPIONS

2007 SHENENDEHOWA
2006 SARATOGA
2005 SHENENDEHOWA
2004 SHENENDEHOWA
2003 SHENENDEHOWA
2002 SHENENDEHOWA
2001 SHENENDEHOWA

RUNNERS-UP

COLONIE
SHENENDEHOWA
SARATOGA
SARATOGA
SARATOGA
SARATOGA
SARATOGA

2000	COLONIE	SHENENDEHOWA
1999	SHENENDEHOWA	SARATOGA
1998	SARATOGA	ALBANY
1997	SARATOGA	COLUMBIA
1996	SARATOGA	SHENENDEHOWA
1995	SHENENDEHOWA	SARATOGA
1994	SARATOGA	COLUMBIA
1993	SHAKER	SARATOGA

Sectional History - Girls Indoor Track

1992	SHAKER	ALBANY
1991	SARATOGA	ALBANY
1990	ALBANY	SARATOGA
1989	SARATOGA	BURNT HILLS
1988	SHAKER	COLONIE
1987	COLONIE	BETHLEHEM
1986	COLONIE	BURNT HILLS
1985	COLUMBIA	BURNT HILLS
1984	ALBANY	BURNT HILLS
1983	BURNT HILLS	SHAKER
1982 *	COLUMBIA	BURNT HILLS
1981 *	BURNT HILLS	COLUMBIA
1980 *	BURNT HILLS	GLOVERSVILLE
1979 *	GLOVERSVILLE	COLUMBIA
1978 *	COLUMBIA	GRANVILLE

* No class designation prior to 1983

CLASS B GIRLS CHAMPIONS

2007	BURNT HILLS
2006	HOLY NAMES
2005	NISKAYUNA
2004	NISKAYUNA
2003	BURNT HILLS
2002	SCOTIA
2001	SCOTIA
2000	SCOTIA
1999	SCOTIA
1998	HOLY NAMES
1997	GREENWICH
1996	FONDA-FULTONVILLE
1995	BURNT HILLS
1994	BURNT HILLS
1993	HOLY NAMES
1992	FONDA-FULTONVILLE
1991	BURNT HILLS
1990	FONDA-FULTONVILLE

RUNNERS-UP

BALLSTON SPA
BURNT HILLS
BURNT HILLS
SCOTIA
SCOTIA
BURNT HILLS
BURNT HILLS
HOLY NAMES
HOLY NAMES
SCOTIA
SCOTIA
COHOES
FONDA-FULTONVILLE
NISKAYUNA
GLOVERSVILLE
HOLY NAMES
FONDA-FULTONVILLE
AVERILL PARK

1989	FONDA-FULTONVILLE	AVERILL PARK
1988	FONDA-FULTONVILLE	HOLY NAMES
1987	FONDA-FULTONVILLE	AVERILL PARK
1986	FONDA-FULTONVILLE	AVERILL PARK
1985	GLOVERSVILLE	HOLY NAMES
1984	GLOVERSVILLE	SCOTIA
1983	GLOVERSVILLE	SCOTIA

CLASS C GIRLS CHAMPIONS

RUNNERS-UP

2007	GREENWICH	FONDA-FULTONVILLE
2006	GREENWICH	BROADALBIN-PERTH
2005	GREENWICH	BROADALBIN-PERTH
2004	FONDA-FULTONVILLE	HUDSON FALLS
2003	COBLESKILL-RICHMONDVILLE	HUDSON FALLS
2002	FONDA-FULTONVILLE	COBLESKILL
2001	FONDA-FULTONVILLE	HOOSIC VALLEY

Sectional History Boys Indoor Track

DIVISION I BOYS CHAMPIONS

RUNNERS-UP

2015	SARATOGA	SHENENDEHOWA
2014	SARATOGA	BETHLEHEM
2013	SHAKER	COLONIE
2012	SHAKER	COLONIE
2011	SHAKER	COLONIE
2010	SHAKER	SHENENDEHOWA
2009	SHAKER	SHENENDEHOWA
2008	COLONIE	SHENENDEHOWA

DIVISION II BOYS CHAMPIONS

RUNNERS-UP

2015	AMSTERDAM	BURNT HILLS
2014	BURNT HILLS	AMSTERDAM
2013	BURNT HILLS	AVERILL PARK
2012	BURNT HILLS	NISKAYUNA
2011	BURNT HILLS	NISKAYUNA
2010	BALLSTON SPA	BURNT HILLS
2009	BALLSTON SPA	BURNT HILLS
2008	BURNT HILLS	BALLSTON SPA

DIVISION III BOYS CHAMPIONS

RUNNERS-UP

2015	GLOVERSVILLE	SCOTIA-GLENVILLE
2014	SCOTIA-GLENVILLE	SCHALMONT

2013	SCOTIA-GLENVILLE
2012	SCOTIA-GLENVILLE
2011	ICHABOD CRANE
2010	LANSINGBURGH
2009	SCOTIA-GLENVILLE
2008	SCOTIA-GLENVILLE

ICHABOD CRANE
ICHABOD CRANE
SCOTIA-GLENVILLE
ICHABOD CRANE
LANSINGBURGH
LANSINGBURGH

DIVISION IV BOYS CHAMPIONS

2015	STILLWATER
2014	FONDA-FULTONVILLE
2013	CHATHAM
2012	NOTRE DAME-BISHOP GIBBONS
2011	FONDA-FULTONVILLE
2010	FONDA-FULTONVILLE
2009	NOTRE DAME-BISHOP GIBBONS
2008	FONDA-FULTONVILLE

RUNNERS-UP

FONDA-FULTONVILLE
CHATHAM
FONDA-FULTONVILLE
FONDA-FULTONVILLE
NOTRE DAME-BISHOP GIBBONS
STILLWATER
FONDA-FULTONVILLE
SCHUYLERVILLE

Sectional History Boys Indoor Track

CLASS A BOYS CHAMPIONS

2007	SHENENDEHOWA
2006	COLONIE
2005	SHENENDEHOWA
2004	SHENENDEHOWA
2003	SHENENDEHOWA
2002	SHENENDEHOWA
2001	SHENENDEHOWA
2000	SHENENDEHOWA
1999	SHENENDEHOWA
1998	SHENENDEHOWA
1997	SHENENDEHOWA
1996	SHENENDEHOWA
1995	SHENENDEHOWA
1994	CBA
1993	SHENENDEHOWA
1992	SHENENDEHOWA
1991	CBA
1990	CBA
1989	CBA
1988	CBA
1987	CBA
1986	CBA
1985	CBA
1984	CBA

RUNNERS-UP

COLONIE
SHENENDEHOWA
COLONIE
SHAKER
SHAKER
SCHENECTADY
SHAKER
COLONIE
COLONIE
BETHLEHEM
ALBANY
ALBANY
GUILDERLAND
SHENENDEHOWA
CBA
SCHENECTADY
SHENENDEHOWA
NISKAYUNA
SHAKER
COLONIE
COLUMBIA
BURNT HILLS
ALBANY
ALBANY

CLASS A BOYS CHAMPIONS

1983 COLUMBIA
 1982* ALBANY
 1981* ALBANY
 1980* CBA
 1979* CBA
 1978* CBA
 1977* SHAKER
 1976* SHAKER
 1975* COLONIE
 1974* COLONIE
 1973* COLONIE
 1972* COLONIE

RUNNERS-UP

CBA
 CBA
 CBA
 ALBANY
 MONT PLEASANT
 BURNT HILLS
 BURNT HILLS
 BURNT HILLS
 SHENENDEHOWA
 SHAKER

Sectional History - Boys Indoor Track

* No class designation prior to 1983

CLASS B BOYS CHAMPIONS

2007 NISKAYUNA
 2006 BURNT HILLS

RUNNERS-UP

BALLSTON SPA
 SCOTIA-GLENVILLE

2005 NISKAYUNA
 2004 NISKAYUNA
 2003 NISKAYUNA
 2002 SCOTIA
 2001 BURNT HILLS
 2000 SCOTIA
 1999 SCOTIA
 1998 SCOTIA
 1997 BURNT HILLS
 1996 SCOTIA
 1995 BURNT HILLS
 1994 BURNT HILLS
 1993 SCOTIA
 1992 GREENWICH
 1991 SCOTIA
 1990 AVERILL PARK
 1989 AVERILL PARK / LA SALLE (CO-CHAMPS)
 1988 SCOTIA
 1987 SCOTIA
 1986 LA SALLE
 1985 HOOSIC VALLEY
 1984 SCOTIA
 1983 GLOVERSVILLE

BURNT HILLS
 BURNT HILLS
 AVERILL PARK
 NISKAYUNA
 COLUMBIA
 LA SALLE
 GREENWICH
 GREENWICH
 SCOTIA
 BURNT HILLS
 LA SALLE
 NISKAYUNA
 GRANVILLE
 SCOTIA
 GRANVILLE
 LA SALLE
 LA SALLE
 AVERILL PARK
 GREENWICH
 COHOES
 COHOES
 SCOTIA

CLASS C	BOYS CHAMPIONS	RUNNERS-UP
2007	FONDA-FULTONVILLE	SCHUYLERVILLE
2006	FONDA-FULTONVILLE	MECHANICVILLE
2005	FONDA-FULTONVILLE	LANSINGBURGH / MECHANICVILLE
2004	GREENWICH	FONDA-FULTONVILLE
2003	GREENWICH	FONDA-FULTONVILLE
2003	SCHUYLERVILLE	BROADALBIN/PERTH
2001	FONDA-FULTONVILLE	COHOES

SECTION TWO INDOOR GIRLS RECORDS

45 METERS	6.11	KLARISSA RICKS, HOLY NAMES	2008
55 METERS	6.95	KLARISSA RICKS, HOLY NAMES	2011
	6.7H	MADALAYNE SMITH, SARATOGA	2010
50 HURDLES	7.4h**	ALLISON GOODMAN, GREENWICH	1982
55 HURDLES	7.90	MADALAYNE SMITH, SARATOGA	2010
300 METERS	38.23	KYLE PLANTE, COLONIE	2012
600 METERS	1:33.7h	RHONDA PHILLIPS, SCHENECTADY	1983
1000 METERS	2:51.1h	ELIZABETH MALOY, HOLY NAMES	2003
1500 METERS	4:29.62	CHERI GODDARD, SARATOGA	1990
3000 METERS	9:35.40	NICOLE BLOOD, SARATOGA	2005
1500 WALK	7:04.78	MEAGHAN PODLOSKI	2014
HIGH JUMP	5' 10"	SHELLY CHOPPA, GLENS FALLS	1990
LONG JUMP	19' 5.75"	YSANNE WILLIAMS, ALBANY	1998
TRIPLE JUMP	39' 8.25"	MOLLY SHAPIRO, EMMA WILLARD	2012
SHOT PUT	46' 10.5"***	DESHAYA WILLIAMS, SARATOGA	1998
POLE VAULT	13' 3"	MICHELLE QUIMBY, SHENENDEHOWA	2009
WEIGHT THROW	50'10.75"	SAVANNAH GORDON, SHENENDEHOWA	2012

SECTION TWO INDOOR GIRLS RELAY RECORDS

4 X 200 M. RELAY	1:43.15	COLONIE	2006
	POLETO, PALMER, WILLIAMS. SINGLETON-MCKINNON		
4 X 400 M. RELAY	3:52.78	COLONIE	2007
	BADAMI, WILLIAMS, SINGLETON-MCKINNON, POLETO		
4 X 800 M. RELAY	9:10.11	HOLY NAMES	2008
	ISABELLE, HARDWICK, RECCHIA, WHITE		
INTERSECTIONAL MEDLEY RELAY	10:16.68**		2012
	PRUYN- BURNT HILLS, HAYES -SHAKER, HIGGINS - NISKAYUNA, HAMPTON - SHENENDEHOWA		

Updated March 2, 2015

Please give Bob Wallen any updates at bobwallentroy@yahoo.com

** INDICATES NEW YORK STATE RECORD

SECTION TWO INDOOR BOYS RECORDS

45 METERS	5.3h	CHUCK	MATTHEWS	ACADEMY	1988
		LEMEL	COVINGTON	TROY	1990
		DAN	VAN COTT	SARATOGA	1992
		ANDRE	DAVIS	NISKAYUNA	1996
55 METERS	6.1h	JOHN	DRABIK	COLONIE	2010
	6.37	LEE	ANSALDO	BETHLEHEM	2000
50 HURDLES	6.90	VERROL	JACKSON	SCHENECTADY	2003
55 HURDLES	7.0h	JEFF	YORK	Troy	1989
	7.35	JIM	KEHRER	COLONIE	2008
300 METERS	33.54	DAVID	BYRD	CBA	1995
600 METERS	1:19.97	GIANCARLO SAINATO		COLONIE	2012
1000 METERS	2:24.1**	MILES	IRISH	BURNT HILLS	1983
1600 METERS	4:09.22	DAN MCMANAMON		SHENENDEHOWA	2006
3200 METERS	9:08.0	STEVE MURDOCK		SARATOGA	2005
HIGH JUMP	7' 4"	DAN	OLSEN	ACADEMY	2001
LONG JUMP	24' 5"	FELIPE	REYES	CBA	2004
TRIPLE JUMP	48' 10"	QUENTON ARMSTRONG		ALBANY	1994
POLE VAULT	15' 10"	JARED O'CONNOR		SHENENDEHOWA	2005
SHOT PUT	62' 4.5"	ANDY	BLOOM	NISKAYUNA	1992
WEIGHT THROW	76'10.75"	RUDY	WINKLER	AVERILL PARK	2012

SECTION TWO INDOOR BOYS RELAY RECORDS

4 X 200 RELAY	1:29.66	COLONIE	2006
	WILLIAMS, JOHNSON, FREDERICKSON, LENGE		
4 X 400 RELAY	3:19.51	COLONIE	2000
	THOMPSON, GATHEN, SUSSER, TREMBLAY		
4 X 800 RELAY	7:42.84	SHAKER	2005
	MYERS, JUPIN, MALOY, BELOKOPITSKY		
INTERSECTIONAL MEDLEY RELAY	8:52.28*		2006
	O'CONNOR, NISKAYUNA; BUELL, BURNT HILLS; MC GUIRK, LANSINGBURGH; TREADWAY, COLONIE		

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