

*Competitive Cheerleading Coaches Clinic*

*with Debbie Love!*

*May 18, 2016*

*5pm-9pm*

*at Colonie High School*



*Who is Debbie Love?*

*She started out in the gymnastics world where she was a level 10 coach and judge and was the USAG chief safety certifier for the state of Kentucky. She currently serves on the National Advisory Board for the USASF and is the Strength and Conditioning Chair for the USASF. She travels extensively in the USA and has begun traveling internationally training cheer coaches of all levels.*

*Areas of Expertise:*

- Injury Prevention Conditioning*
- Flexibility*
- Sports Psychology*
- Creative Tumbling Choreography*
- Tumbling (Beginning, Intermediate, Advanced and Front)*
- Jump Conditioning and Workout*
- How to Deal with Mind Blocks*
- Drills for Skills in Tumbling*

*And more!*

*Learn more about Debbie Love - [www.Fortheloveoftumbling.com](http://www.Fortheloveoftumbling.com)*

**Register by May 1st and pay only \$40.00 per coach. Cost will be \$50 per coach after May 2<sup>nd</sup>. *Contact [Ann.Grasso-little@southcolonie.k12.ny.us](mailto:Ann.Grasso-little@southcolonie.k12.ny.us) or [kawczakch@egcsd.org](mailto:kawczakch@egcsd.org) to register today!***

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**Send Registration to:**

**Colonie High School-Athletics, Cheer Coach**

**1 Raider Blvd**

**Albany, NY 12205**

**Make Checks Payable to CHS Cheerleading Booster Club**

Coach Name: \_\_\_\_\_

School: \_\_\_\_\_

Email: \_\_\_\_\_